

VOLUNTEERS' NEWSLETTER

August 2008

AGM

Wednesday 5th November
8 pm.
St. Mildred's

You are formally invited to this AGM,
after which tea and coffee will be
served.

Please welcome back...

...Carmen , who will be returning to
Rainbow and Bridge in December.

Farewell and thanks

to Ade, who is leaving Bridge after several
years - thank you for all your efforts Ade.

Training and Support

There will be a Support Group
at Bethlem Chapel
on Saturday 8th November
from 10 am - 2 pm
with lunch included.

Please try to attend this group if you possibly can. We need to have
the chance as a group to look at the way the Drop-Ins and other
groups are working and to think together about how they can be im-
proved.

We may have the chance to run more drop-ins very soon and we
need to think; about how they may be run.

We will be having a session for our members in the near future.

Please let Sue know as soon as possible if you are able to join us.
Your input into this is vitally important.

Mental Health Promotion Alliance

Braithwaite Hall, Clocktower
Tuesday 4th November
10 am - 1 pm.

This is a showcase of mental health
promotion work in the Borough and
APCMH will have a stand.
Do come along.

Honorary Treasurer

You will be pleased to know that
Mike Molnar, one of our
volunteers, has answered our
plea for an Honorary Treasurer.

He will formally join the
Trustees at the AGM.

Emergency Procedures Folder

This is in the process of being updated and should
be available in all Drop-Ins and Workshops by
November.

***Please take time to familiarise yourself
with the contents.***

Drop-Ins

Please note that Esther will be away
during the week 3-7th November.

Mary will buy the milk for Open Door
and Sue will cover at Rainbow.

Quiet Day

This was held in September and was a great success.

Andrew intends to hold further Quiet Days - if you think that you would be interested in these
please let Sue know.



CHRISTMAS

PARTIES

- Rainbow 15th December
- Women's Group 16th December
- Open Door 19th December
- Bridge 21st December

Please let me know as soon as possible if you will be attending.

For Open Door and Bridge only, please let me know if you can make a contribution to the food.

CLOSURES

- Open Door will be closed 26th December.
- Bridge and Rainbow will continue throughout the Christmas season.
- Women's Group and Creative Workshops will be closed for 2 weeks from Monday 21st December, reopening Monday 5th January.

CAROL SERVICE

- Friday 19th December in the Bethlem Chapel - all welcome.



A Reminder of the Diary Dates

4th November	Mental Health Promotion Alliance - Braithwaite Hall
5th November	AGM - St. Mildred's
8th November	Support Group - Bethlem Chapel